



MASTER of ARTS in TEACHER LEADERSHIP  
50 College Street, South Hadley, MA 01075

Janelle Dickerson

2017 Capstone Proposal

- **What option are you choosing: National Board candidacy, research, project, or practicum/internship?**

I have chosen a Projectship (project + internship) which will focus mainly on (but not limited to) the following elements below:

1. Engage in weekly discussions with a Social Emotional Learning (SEL) community via the National Education Association's EdCommunities platform.
2. Facilitate 1-4 weekly discussions with a Social Emotional Learning (SEL) community via the National Education Association's EdCommunities platform. I will post a SEL prompt with a relevant resource and/or activity and facilitate responses throughout the week.
3. Facilitate or co-facilitate with Megan Hall a SEL webinar in April on Emotional Intelligence: Empathy, Positivity, and Confidence
4. In collaboration with my Assistant Principal, the Parent Coordinator and Guidance Counselor, develop Social Emotional Learning resources (newsletter or workshop) for parents that will support with reinforcing our Positive Behavior Interventions and Supports framework at home.
5. Create a toolkit of SEL resources that I have gained from the SEL work in my school and fellowship.

- **Why is this a good fit for you?**

This projectship is a good fit for me because it supports the SEL work that I am currently doing within my school. It also provides me with an opportunity to expand my sphere of influence beyond my school building. Being apart of this professional learning community will further develop my SEL knowledge and work.

- **How does this choice demonstrate mastery of your coursework up to this point?**

The choice of a projectship demonstrates mastery of my coursework up to this point by incorporating 6 out of the 7 Teacher Leader Model Standards domain. The projectship bridges the gap between the domains in theory to the domains in practice.



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- **Which domains of the Teacher Leader Model Standards will you be demonstrating?**

The Teacher Leader Model Standards that my projectship will focus on are:

**Domain 1:** Fostering a Collaborative Culture to Support Educator Development and Student Learning

**Domain 2:** Accessing and Using Research to Improve Practice and Student Learning

**Domain 3:** Promoting Professional Learning for Continuous Improvement

**Domain 4:** Facilitating Improvements in Instruction and Student Learning

**Domain 6:** Improving Outreach and Collaboration with Families and Community

**Domain 7:** Advocating for Student Learning and the Profession

- **How might you provide evidence of mastery of the TLMS domains in your capstone?**

I will use the 5 elements of my projectship to provide evidence of mastery of the TLMS domains.

- **What are you hoping to accomplish? (goals)**

Goal 1: Utilize my Teacher Leader skills beyond my school building.

Goal 2: Become an active and contributing member of a SEL community.

Goal 3: Develop a collaborative relationship between families and my school community in regards to student SEL.

- **How will you know you've accomplished it?**

- **What does success look like?**

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- **How will you showcase it at the end of the semester?**

I will showcase my webinar, parent resources and SEL toolkit.

- **Who will the audience be for your showcase?**

My SEL community, my school community and my MATL cohort.

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## Capstone Timeline

Date	Topic / Essential Questions	Readings	Goals/Assignments
<b>Week 1</b> 1/23/17	What Capstone will demonstrate my mastery of TLMS?		<b>Weekly Coach Session</b> <b>Brainstorm Capstone</b>
<b>Week 2</b> 1/30/17	How can I use my SEL work to support my Capstone?	Design reading list	<b>Weekly Coach Session</b> <b>Finalize Capstone Design</b>
<b>Week 3</b> 2/6/17	What does research say about SEL and Emotional Intelligence?	<a href="http://www.ascd.org/publications/books/197157e4/chapters/The-Need-for-Social-and-Emotional-Learning.aspx">http://www.ascd.org/publications/books/197157e4/chapters/The-Need-for-Social-and-Emotional-Learning.aspx</a>  <a href="http://www.ascd.org/publications/books/106044/chapters/Middle-Schools@-Social,-Emotional,-and-Metacognitive-Growth.aspx">http://www.ascd.org/publications/books/106044/chapters/Middle-Schools@-Social,-Emotional,-and-Metacognitive-Growth.aspx</a>  <a href="http://www.ascd.org/publications/educational-leadership/sept96/vol54/num01/On-Emotional-Intelligence@-A-Conversation-with-Daniel-Goleman.aspx">http://www.ascd.org/publications/educational-leadership/sept96/vol54/num01/On-Emotional-Intelligence@-A-Conversation-with-Daniel-Goleman.aspx</a>  <a href="https://www.edutopia.org/blog/long-term-economic-benefits-sel-damon-jones-mark-greenberg-max-crowley">https://www.edutopia.org/blog/long-term-economic-benefits-sel-damon-jones-mark-greenberg-max-crowley</a>  <a href="http://www.ascd.org/publications/books/111011/chapters/Knowing-Our-Students-as-Learners.aspx">http://www.ascd.org/publications/books/111011/chapters/Knowing-Our-Students-as-Learners.aspx</a>  <a href="http://www.ascd.org/publications/educational-leader">http://www.ascd.org/publications/educational-leader</a>	<ul style="list-style-type: none"> <li>- Weekly Coach session</li> <li>- Weekly SEL discussion</li> <li>- Planning with SEL PLC community</li> </ul>

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		<a href="http://www.ascd.org/publications/educational-leadership/may97/vol54/num08/Up-with-Emotional-Health.aspx">ship/may97/vol54/num08/Up-with-Emotional-Health.aspx</a>	
<b>Week 4</b> 2/13/17	What are the most effective methods of professionally developing teachers?	<p><a href="http://www.ascd.org/publications/educational-leadership/may04/vol61/num08/What-Is-a-Professional-Learning-Community%2%A2.aspx">http://www.ascd.org/publications/educational-leadership/may04/vol61/num08/What-Is-a-Professional-Learning-Community%2%A2.aspx</a></p> <p>Transforming Professional Development to Professional Learning</p> <p>PROFESSIONAL DEVELOPMENT AND BEYOND: A PARTICIPATIVE STUDY OF A SELF-FACILITATED LEARNING GROUP</p> <p>Learning in Action: How Competent Professionals Learn</p> <p><a href="http://www.ascd.org/publications/books/109042/chapters/What_Is_High-Quality_Professional_Development_for_Differentiating_Instruction.aspx">http://www.ascd.org/publications/books/109042/chapters/What_Is_High-Quality_Professional_Development_for_Differentiating_Instruction.aspx</a></p> <p>Leverage Leadership: A Practical Guide to Building Exceptional Schools</p>	<ul style="list-style-type: none"> <li>- Weekly Coach session</li> <li>- Weekly SEL discussion</li> <li>- Research various formats for adult learning</li> <li>- Participate in SEL webinar</li> </ul>
<b>Week 5</b> 2/20/17	<p>How can schools integrate SEL into the school curriculum?</p> <p>How does SEL affect</p>	<p>Making whole-child education the norm</p> <p><a href="https://www.edutopia.org/maurice-elias-sel-vid">https://www.edutopia.org/maurice-elias-sel-vid</a></p>	<ul style="list-style-type: none"> <li>Weekly Coach session</li> <li>- Weekly SEL discussion</li> <li>- Brainstorm and plan with school SEL team</li> </ul>

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	<p>student academic learning?</p>	<p>School, Family and Community Partnerships</p> <p><b>Leverage Leadership: A Practical Guide to Building Exceptional Schools</b></p> <p><a href="http://www.ascd.org/publications/educational-leadership/oct93/vol51/num02/Who-Creates-Curriculum-%C2%A2-New-Roles-for-Teachers.aspx">http://www.ascd.org/publications/educational-leadership/oct93/vol51/num02/Who-Creates-Curriculum-%C2%A2-New-Roles-for-Teachers.aspx</a></p> <p><a href="http://www.ascd.org/publications/educational_leadership/oct15/vol73/num02/Social-Emotional_Learning_and_Academics@_Better_Together.aspx">http://www.ascd.org/publications/educational_leadership/oct15/vol73/num02/Social-Emotional_Learning_and_Academics@_Better_Together.aspx</a></p>	<p>parent workshops on SEL</p>
<p><b>Week 6</b> <b>2/27/17</b></p>	<p>What are the most effective strategies for designing curriculum?</p> <p>How can SEL curriculum be designed?</p>	<p>Curriculum Design and the Knowledge Situation</p> <p>A Curriculum Design for Social Change</p> <p><a href="http://www.ascd.org/publications/books/101007/chapters/A-Framework-for-Curricular-Design.aspx">http://www.ascd.org/publications/books/101007/chapters/A-Framework-for-Curricular-Design.aspx</a></p> <p><a href="http://www.ascd.org/ASCD/pdf/siteASCD/policy/ESSA-Resources_SEL-Funding.pdf">http://www.ascd.org/ASCD/pdf/siteASCD/policy/ESSA-Resources_SEL-Funding.pdf</a></p> <p><a href="http://www.ascd.org/ASCD/pdf/siteASCD/publications/UbD_WhitePaper0312.pdf">http://www.ascd.org/ASCD/pdf/siteASCD/publications/UbD_WhitePaper0312.pdf</a></p> <p><a href="http://www.ascd.org/publications/books/108005/cha">http://www.ascd.org/publications/books/108005/cha</a></p>	<p>- Weekly Coach session</p> <p>- Weekly SEL discussion</p> <p>- Brainstorm and plan with school SEL team</p> <p>parent workshops on SEL</p>

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		<a href="#">pters/Developing-Curriculum-Leadership-and-Design.aspx</a>	
<b>Week 7</b> 3/6/17	<p>What examples of SEL curriculum currently exists?</p> <p>What are common themes across SEL curriculums?</p>	<p>CASEL Guide Effective Social and Emotional Learning Programs</p> <p>Morningside Center for Teaching Social Responsibility</p> <p><a href="http://www.rci.rutgers.edu/~melias/tj.html#what">http://www.rci.rutgers.edu/~melias/tj.html#what</a></p> <p><a href="http://www.ascd.org/publications/educational-leadership/may97/vol54/num08/How-to-Launch-a-Social-Emotional-Learning-Program.aspx">http://www.ascd.org/publications/educational-leadership/may97/vol54/num08/How-to-Launch-a-Social-Emotional-Learning-Program.aspx</a></p>	<ul style="list-style-type: none"> <li>- Weekly Coach session</li> <li>- Weekly SEL discussion</li> <li>- Research and analyze examples of SEL curriculums</li> </ul>
<b>Week 8</b> 3/13/17	<p>How can schools collaborate with families to promote SEL at home?</p>	<p><a href="https://www.edutopia.org/social-emotional-learning-parent-resources">https://www.edutopia.org/social-emotional-learning-parent-resources</a></p> <p><a href="https://www.edutopia.org/maurice-elias-emotional-intelligence-and-family">https://www.edutopia.org/maurice-elias-emotional-intelligence-and-family</a></p> <p><b>Leverage Leadership: A Practical Guide to Building Exceptional Schools</b></p> <p><a href="https://www.edutopia.org/blog/back-school-night-new-approach-maurice-elias">https://www.edutopia.org/blog/back-school-night-new-approach-maurice-elias</a></p>	<ul style="list-style-type: none"> <li>- Weekly Coach session</li> <li>- Weekly SEL discussion</li> <li>- Participate in SEL webinar</li> </ul>
<b>Week 9</b> 3/20/17	<p>How do you professionally develop leaders?</p>	<p><a href="http://www.ascd.org/professional-development/webinars/social-and-emotional-learning-policy-and-practice-webinar.aspx">http://www.ascd.org/professional-development/webinars/social-and-emotional-learning-policy-and-practice-webinar.aspx</a></p>	<ul style="list-style-type: none"> <li>- Weekly Coach session</li> <li>- Weekly SEL discussion</li> </ul>

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		<p><a href="http://www.ascd.org/publications/books/102283/chapters/The-Professional-Development-of-Leaders.aspx">http://www.ascd.org/publications/books/102283/chapters/The-Professional-Development-of-Leaders.aspx</a></p> <p><a href="http://www.ascd.org/publications/books/104021/chapters/Sharing-Living-Theories-to-Help-Others-Develop.aspx">http://www.ascd.org/publications/books/104021/chapters/Sharing-Living-Theories-to-Help-Others-Develop.aspx</a></p> <p><a href="http://www.ascd.org/publications/books/104021/chapters/Professional-Development-Today.aspx">http://www.ascd.org/publications/books/104021/chapters/Professional-Development-Today.aspx</a></p> <p><b>Leverage Leadership: A Practical Guide to Building Exceptional Schools</b></p>	
<p><b>Week 10</b> 3/27/17</p>	<p>How is a webinar structured?</p> <p>How can webinars facilitate professional learning?</p>	<p><a href="http://www.ascd.org/professional-development/webinars/ascd-webinar-archival.aspx">http://www.ascd.org/professional-development/webinars/ascd-webinar-archival.aspx</a></p> <p><a href="https://www.edutopia.org/practice/social-and-emotional-learning-schoolwide-approach">https://www.edutopia.org/practice/social-and-emotional-learning-schoolwide-approach</a></p>	<p>Weekly coaching session</p> <p>Weekly SEL discussion</p> <ul style="list-style-type: none"> <li>- View examples of various webinars</li> <li>- Brainstorm ideas for SEL webinar</li> </ul>
<p><b>Week 11</b> 4/3/17</p>	<p>What are the most effective professional learning models/strategies for my SEL community?</p>	<p><a href="http://www.ascd.org/publications/educational-leadership/may14/vol71/num08/Planning-Professional-Learning.aspx">http://www.ascd.org/publications/educational-leadership/may14/vol71/num08/Planning-Professional-Learning.aspx</a></p> <p><a href="http://www.ascd.org/publications/educational-leadership/may14/vol71/num08/Keep-Professional-Learning-Groups-Small-But-Connected.aspx">http://www.ascd.org/publications/educational-leadership/may14/vol71/num08/Keep-Professional-Learning-Groups-Small-But-Connected.aspx</a></p>	<ul style="list-style-type: none"> <li>- Prepare SEL webinar</li> <li>- Prepare for final presentation</li> </ul>

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		<b>Leverage Leadership: A Practical Guide to Building Exceptional Schools</b>	
<b>Week 12</b> 4/10/17	How do you evaluate Professional Learning?	<a href="http://www.ascd.org/publications/educational-leadership/mar02/vol59/num06/Does-It-Make-a-Difference%C2%A2-Evaluating-Professional-Development.aspx">http://www.ascd.org/publications/educational-leadership/mar02/vol59/num06/Does-It-Make-a-Difference%C2%A2-Evaluating-Professional-Development.aspx</a>	Facilitate SEL webinar Prepare for Final presentation
<b>Week 13</b> 4/17/17	Prepare for final presentation		Presentation of Capstone